



# EXAMPLE ACTIVITIES CALENDAR

2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> <b>8:00</b> Televised Catholic Mass <b>9:30</b> Televised Worship Services <b>2:30</b> Movie and Popcorn <b>5:30</b> Visit a Friend	<b>2</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>2:00</b> Milk Shake Monday <b>3:00</b> Bingo <b>6:00</b> Games	<b>3</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:00</b> Pastor Visit <b>2:00</b> Happy Hour <b>3:00</b> Music	<b>4</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Crafts/Cooking <b>1:00</b> Bingo	<b>5</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Games <b>1:00</b> Fancy Nails <b>6:00</b> Movie and Popcorn	<b>6</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Bingo <b>1:30</b> Personal Shopping Day <b>2:30</b> Noodle Ball	<b>7</b> <b>9:00</b> Work the Puzzle <b>11:00</b> Exercise <b>1:00</b> Porch Chat <b>6:00</b> Walk the Halls with Friends
<b>8</b> <b>8:00</b> Televised Catholic Mass <b>9:30</b> Televised Worship Services <b>2:30</b> Movie and Popcorn <b>5:30</b> Visit a Friend	<b>9</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>2:00</b> Milk Shake Monday <b>3:00</b> Bingo <b>6:00</b> Games	<b>10</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:00</b> Pastor Visit <b>2:00</b> Happy Hour <b>3:00</b> Music	<b>11</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Crafts/Cooking <b>1:00</b> Bingo	<b>12</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Games <b>1:00</b> Fancy Nails <b>6:00</b> Movie and Popcorn	<b>13</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Bingo <b>1:30</b> Personal Shopping Day	<b>14</b> <b>9:00</b> Work the Puzzle <b>11:00</b> Exercise <b>1:00</b> Porch Chat <b>6:00</b> Walk the Halls with Friends
<b>15</b> <b>8:00</b> Televised Catholic Mass <b>9:30</b> Televised Worship Services <b>2:30</b> Movie and Popcorn <b>5:30</b> Visit a Friend	<b>16</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>11:00</b> Pizza Party <b>3:00</b> Bingo <b>6:00</b> Games	<b>17</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:00</b> Pastor Visit <b>2:00</b> Happy Hour <b>3:00</b> Music	<b>18</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Crafts/Cooking <b>1:00</b> Bingo	<b>19</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Games <b>1:00</b> Fancy Nails <b>6:00</b> Movie and Popcorn	<b>20</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Bingo <b>1:30</b> Personal Shopping Day	<b>21</b> <b>9:00</b> Work the Puzzle <b>11:00</b> Exercise <b>1:00</b> Porch Chat <b>6:00</b> Walk the Halls with Friends
<b>22</b> <b>8:00</b> Televised Catholic Mass <b>9:30</b> Televised Worship Services <b>2:30</b> Movie and Popcorn <b>5:30</b> Visit a Friend	<b>23</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>2:00</b> Milk Shake Monday <b>3:00</b> Bingo <b>6:00</b> Games	<b>24</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:00</b> Pastor Visit <b>2:00</b> Happy Hour <b>3:00</b> Music	<b>25</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Crafts/Cooking <b>1:00</b> Bingo	<b>26</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Games <b>1:00</b> Fancy Nails <b>6:00</b> Movie and Popcorn	<b>27</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:30</b> Bingo <b>1:30</b> Personal Shopping Day	<b>28</b> <b>9:00</b> Work the Puzzle <b>11:00</b> Exercise <b>1:00</b> Porch Chat <b>6:00</b> Walk the Halls with Friends
<b>29</b> <b>8:00</b> Televised Catholic Mass <b>9:30</b> Televised Worship Services <b>2:30</b> Movie and Popcorn <b>5:30</b> Visit a Friend	<b>30</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>11:30</b> Out to Lunch <b>3:00</b> Bingo <b>6:00</b> Games	<b>31</b> <b>9:00</b> Work the Puzzle <b>9:30</b> Exercise <b>10:00</b> Pastor Visit <b>2:00</b> Happy Hour <b>3:00</b> Music	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>