



# EXAMPLE ACTIVITIES CALENDAR

2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> Televised Church Service TV, Puzzles, Games	<b>2</b> <b>9:30</b> Morning exercise <b>10:30</b> Bingo <b>1:00</b> Crafts <b>2:00</b> Ball toss fun <b>2:45</b> Snacks	<b>3</b> <b>10:30</b> Cards and games <b>11:30</b> Chapel <b>12:30</b> Gospel music <b>2:00</b> Noodle fun <b>2:45</b> Snacks	<b>4</b> <b>10:30</b> Movies and popcorn <b>1:00</b> Nail salon <b>2:00</b> Parachute fun <b>2:45</b> Snacks <b>4:00</b> Pet therapy	<b>5</b> <b>10:30</b> Bingo <b>11:30</b> Meetings – <i>Resident council, Dietary, Activities</i> <b>1:00</b> Spa day <b>2:00</b> Music fun <b>2:45</b> Snacks	<b>6</b> <b>9:30</b> Morning exercise <b>10:30</b> Bingo <b>2:00</b> Scarf Fun <b>2:45</b> Snacks	<b>7</b> TV, Puzzles, Games
<b>8</b> Televised Church Service TV, Puzzles, Games	<b>9</b> <b>9:30</b> Morning exercise <b>10:30</b> Bingo <b>1:00</b> Crafts <b>2:00</b> Ball toss fun <b>2:45</b> Snacks	<b>10</b> <b>10:30</b> Cards and games <b>11:30</b> Chapel <b>12:30</b> Gospel music <b>2:00</b> Noodle fun <b>2:45</b> Snacks	<b>11</b> <b>10:30</b> Movies and popcorn <b>1:00</b> Nail salon <b>2:00</b> Parachute fun <b>2:45</b> Snacks <b>4:00</b> Pet therapy	<b>12</b> <b>10:30</b> Bingo <b>11:30</b> Meetings – <i>Resident council, Dietary, Activities</i> <b>1:00</b> Spa day <b>2:00</b> Music fun <b>2:45</b> Snacks	<b>13</b> <b>9:30</b> Morning exercise <b>10:30</b> Bingo <b>2:00</b> Scarf Fun <b>2:45</b> Snacks	<b>14</b> TV, Puzzles, Games
<b>15</b> Televised Church Service TV, Puzzles, Games	<b>16</b> <b>9:30</b> Morning exercise <b>10:30</b> Bingo <b>1:00</b> Crafts <b>2:00</b> Ball toss fun <b>2:45</b> Snacks	<b>17</b> <b>10:30</b> Cards and games <b>11:30</b> Chapel <b>12:30</b> Gospel music <b>2:00</b> Noodle fun <b>2:45</b> Snacks	<b>18</b> <b>10:30</b> Movies and popcorn <b>1:00</b> Nail salon <b>2:00</b> Parachute fun <b>2:45</b> Snacks <b>4:00</b> Pet therapy	<b>19</b> <b>10:30</b> Bingo <b>11:30</b> Meetings – <i>Resident council, Dietary, Activities</i> <b>1:00</b> Spa day <b>2:00</b> Music fun <b>2:45</b> Snacks	<b>20</b> <b>9:30</b> Morning exercise <b>10:30</b> Bingo <b>2:00</b> Scarf Fun <b>2:45</b> Snacks	<b>21</b> TV, Puzzles, Games
<b>22</b> Televised Church Service TV, Puzzles, Games	<b>23</b> <b>9:30</b> Morning exercise <b>10:30</b> Bingo <b>1:00</b> Crafts <b>2:00</b> Ball toss fun <b>2:45</b> Snacks	<b>24</b> <b>10:30</b> Cards and games <b>11:30</b> Chapel <b>12:30</b> Gospel music <b>2:00</b> Noodle fun <b>2:45</b> Snacks	<b>25</b> <b>10:30</b> Movies and popcorn <b>1:00</b> Nail salon <b>2:00</b> Parachute fun <b>2:45</b> Snacks <b>4:00</b> Pet therapy	<b>26</b> <b>10:30</b> Bingo <b>11:30</b> Meetings – <i>Resident council, Dietary, Activities</i> <b>1:00</b> Spa day <b>2:00</b> Music fun <b>2:45</b> Snacks	<b>27</b> <b>9:30</b> Morning exercise <b>10:30</b> Bingo <b>2:00</b> Scarf Fun <b>2:45</b> Snacks	<b>28</b> TV, Puzzles, Games
<b>29</b> Televised Church Service TV, Puzzles, Games	<b>30</b> <b>9:30</b> Morning exercise <b>10:30</b> Bingo <b>1:00</b> Crafts <b>2:00</b> Ball toss fun <b>2:45</b> Snacks	<b>31</b> <b>10:30</b> Cards and games <b>11:30</b> Chapel <b>12:30</b> Gospel music <b>2:00</b> Noodle fun <b>2:45</b> Snacks	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>